



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2012

### Sporting Excellence in Karate

#### National Level

## Aboudi Neema

This is to certify that Aboudi Neema has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Aboudi competed at the highest level of British Karate in 2012 winning the medals and titles listed below:-

### Championship Success - 3 Gold 3 Bronze

#### English National Kyu Grade Championships - 22<sup>nd</sup> January, Sheffield

Gold - Individual Kata

Gold - Individual Kata

Bronze - Individual Kumite

#### Shindo Kai Junior Championships - 25<sup>th</sup> March, Barnsley

Bronze - Individual Kata

#### East Yorkshire Open Championships - 21<sup>st</sup> October, Hull

Bronze - Individual Kata

#### Shindo Kai National Championships - 15<sup>th</sup> November, Barnsley

Gold - Individual Kata

Congratulations on your outstanding sporting achievements throughout 2012. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Aboudi.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy



British  
Karate  
Federation

